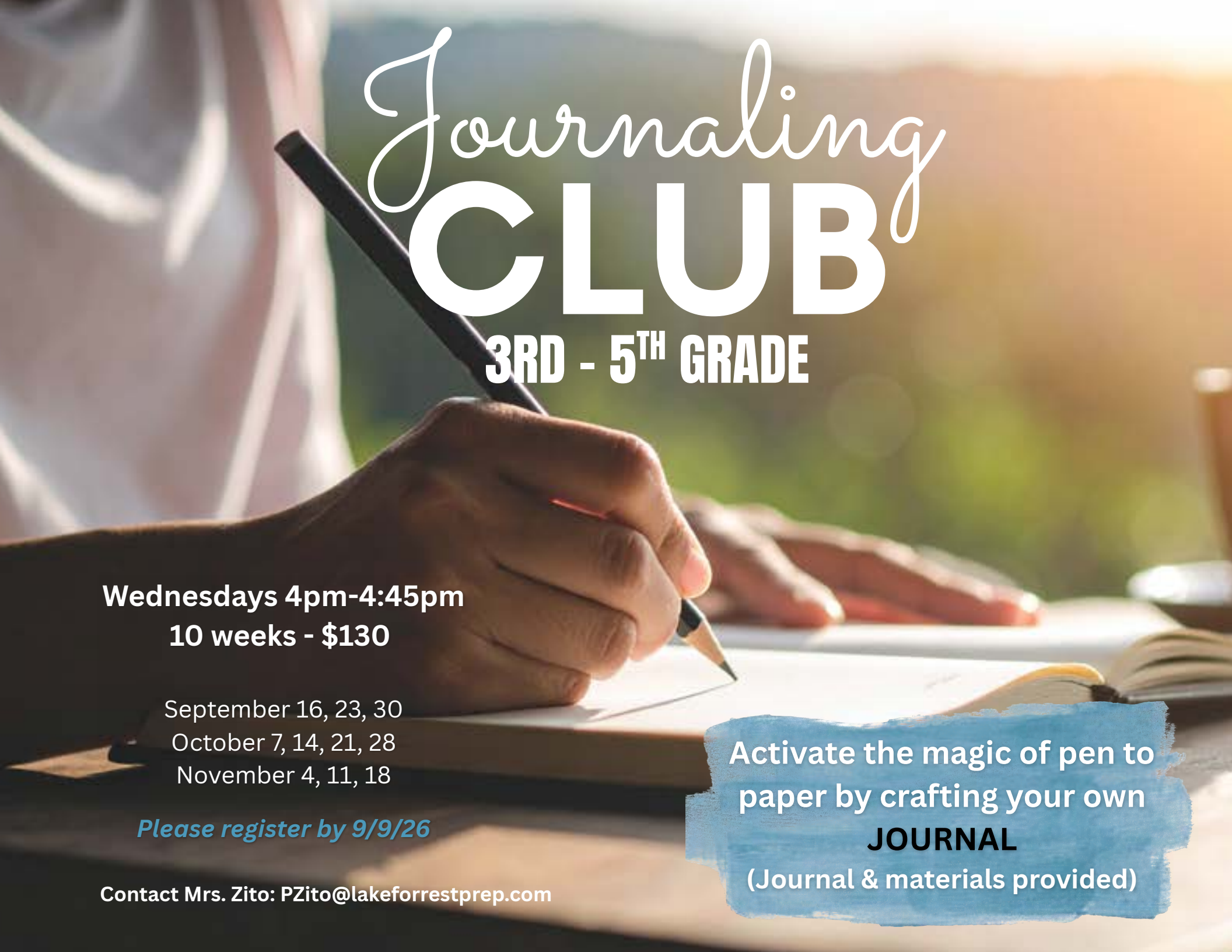




Journaling CLUB

3RD - 5TH GRADE

Wednesdays 4pm-4:45pm
10 weeks - \$130

September 16, 23, 30
October 7, 14, 21, 28
November 4, 11, 18

Please register by 9/9/26

Contact Mrs. Zito: PZito@lakeforrestprep.com

Activate the magic of pen to
paper by crafting your own
JOURNAL
(Journal & materials provided)

Things that we will create:

- **Daily Journal:** Write about your day, ideas, or adventures.
- **Brainstorm Pages:** Capture fun ideas for stories, inventions, or projects..
- **Reading Tracker:** Keep track of books you've read.
- **Doodle Pages:** Add drawings, borders, and creative lettering.
- **Mood Tracker:** Notice how you're feeling each day.
- **Gratitude Log:** Write down things you're thankful for.
- **Habit Tracker:** Practice healthy habits like reading, exercise, kindness, or sports.
- **Weekly/Monthly Calendars and more!**

Sample Spreads



There is no
"perfect" journal.

Your journal is a place to think, create, make mistakes, and grow.
Every page tells your story.