



Join the Lake Forrest Prep Middle School Soccer Club

Come as you are for a friendly game of pick-up soccer. Each session will start with warm up and stretching exercises, field play, and cool down stretches for closing. Pick-up soccer is a game where players of all skill levels and ages are encouraged to play without the pressures of winning or losing a game. Coach Maloof will be there to provide some teaching on the field and encourage new players to join in on the fun. There is no fee for this club.

Grades: 5th thru 8th

Time: 4:00pm to 5:00pm

Practice will start January 20th and will be held every Tuesday for 7 weeks ending March 10th.

Location: Main Campus Field

Report to Coach Maloof

Soccer cleats are **NOT** allowed, and shin guards are not required, but are encouraged.

Please use the link to sign-up.

Any questions please feel free to contact me at Jonathan.s.maloof@gmail.com