



TRACK & FIELD
PRE K - 5TH GRADE

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JOIN LAKE FORREST PREPARATORY SCHOOL'S TRACK & FIELD TEAM

INFORMATION

WHO: BOYS & GIRLS • PRE K - 5TH GRADE

WHAT: FUN AND COMPETITIVE TRACK & FIELD PROGRAM

HOW: WWW.DREADHEAD.COM • FALL TAB

COST: \$199 (BEFORE LABOR DAY) • \$249 AFTER

INCLUDES: DREADHEAD TRACK SHIRT • PRACTICE • MEETS • RIBBONS

**EVENTS: 50M • 75M • 100M • 200M • 400M • HURDLES • JAVELIN
BALL THROW • STANDING JUMP • RUNNING LONG JUMP**

MEET & PRACTICE LOCATION

THE GENEVA SCHOOL: 1775 SEMINOLA BLVD CASSELBERRY FL 32707

MEET DAYS & TIMES

WHEN: SATURDAYS - SEPTEMBER 20 • 27 • OCTOBER 4 • 11 • 18 • 25

PRE K - 1ST GRADE: 9:00 AM

2ND - 5TH GRADE: 10:30 AM

NOTE: DATES & TIMES ARE SUBJECT TO CHANGE DUE TO ENROLLMENT OR INCLEMENT WEATHER

PRACTICE

DATES: SEPTEMBER 17 • 24 • OCTOBER 1 • 8 • 15 • 22

1ST SESSION: 6PM-7PM • PRE K - 1ST GRADE

2ND SESSION: 7PM-8PM • 2ND - 5TH GRADE

NOTE: CANCELED PRACTICES DUE TO INCLEMENT WEATHER WILL NOT BE MADE UP

OPTIONAL: PRACTICES ARE NOT MANDATORY TO PARTICIPATE

IMPORTANT NOTE:

WWW.DREADHEAD.COM IS CONTINUALLY UPDATED DURING THE SEASON. DO NOT RELY ON THIS FLYER OR EMAILS FOR GENERAL INFORMATION OR REMINDERS. MEETS, PRACTICE TIMES & DATES ARE SUBJECT TO CHANGE DUE TO: SCHOOL SPORTS, ENROLLMENT OR WEATHER. YOU MUST CHECK THE WEBSITE ONE WEEK PRIOR TO THE FIRST PRACTICE. CLICK ON THE 'EXPECTATIONS' TAB FOR UPDATES, PRACTICE AND MEET DETAILS.

DISCLAIMER: THIS 'SCHOOL', SEMINOLE, ORANGE & VOLUSIA COUNTY SCHOOL BOARD IS NOT AFFILIATED WITH THESE EVENTS OR PROGRAM IN ANY MANNER, NOR DOES IT ENDORSE OR ASSUME ANY RESPONSIBILITY FOR ANY ACTIVITIES WHICH MAY OCCUR IN CONNECTION WITH THEM.

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