



TRACK & FIELD PRE K - 5TH GRADE

WWW.DREADHEAD.COM
CONTACT & REGISTRATION
407-619-3600
SPORTS@DREADHEAD.COM



LAKE FORREST
PREPARATORY SCHOOL

Tuition Goes
Up After
Labor Day

JOIN LAKE FORREST'S FALL TRACK & FIELD TEAM

INFORMATION

WHO: BOYS & GIRLS • 3 YEARS - 5TH GRADE

WHAT: FUN AND COMPETITIVE TRACK & FIELD PROGRAM

HOW: WWW.DREADHEAD.COM

COST: \$165 (\$215 AFTER LABOR DAY)

INCLUDES: TRACK UNIFORM • PRACTICE • MEETS • RIBBONS

EVENTS: 50M • 75M • 100M • 200M • 400M • HURDLES • JAVELIN
BALL THROW • LONG JUMP • RUNNING LONG JUMP

MEET & PRACTICE LOCATION

THE GENEVA SCHOOL: 1775 SEMINOLA BLVD CASSELBERRY FL 32707

MEET DAYS & TIMES

WHEN: SATURDAYS - SEPTEMBER 18 • 25 • OCT 2 • 9 • 16 • 30

1ST SESSION: 9:00 AM - 10:00 AM • 3 YEARS - KINDERGARTEN

2ND SESSION: 10:30 AM - 11:30 AM • 1ST - 5TH GRADE

PRACTICE

DATES: THURSDAY - SEPTEMBER 9 • 16 • 23 • 30 • OCTOBER 7 • 12 • 28

1ST SESSION: 5:30 PM - 6:30 PM • 3 YEARS - KINDERGARTEN

2ND SESSION: 6:30 PM - 7:30 PM • 1ST - 5TH GRADE

OPTIONAL: PRACTICE IS NOT MANDATORY TO PARTICIPATE

IMPORTANT NOTE:

WWW.DREADHEAD.COM IS CONTINUALLY UPDATED
MEET, PRACTICE TIMES & DATES ARE SUBJECT TO CHANGE DO TO:
SCHOOL SPORTS, ENROLLMENT OR WEATHER

ENROLLMENT IS LIMITED ● FULL DETAILS ON-LINE ● WWW.DREADHEAD.COM
COMMUNICATION IS WITH DREADHEAD SPORTS

DISCLAIMER: THIS 'SCHOOL', SEMINOLE, ORANGE & VOLUSIA COUNTY SCHOOL BOARD IS NOT AFFILIATED WITH THESE EVENTS OR PROGRAM IN ANY MANNER,
NOR DOES IT ENDORSE OR ASSUME ANY RESPONSIBILITY FOR ANY ACTIVITIES WHICH MAY OCCUR IN CONNECTION WITH THEM.

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