

October & November 2018

MORNING & AFTERNOON SNACKS SERVED WITH WATER

Crackers with Cheese - Popcorn - Pretzels- Cheese balls - Cheez-it's-Graham Crackers - Goldfish - Granola bars -
Fresh fruit - Veggie Sticks - Cookies - Tortilla Chips -Vanilla wafers- Ice Pops

LUNCH MENU PROVIDED BY WT CAFE

LUNCH COMES WITH FRUIT AND VEGETABLES

Whole milk for Beginner 1 & 2 classrooms, and 2% milk for Primary, PK3 & PK4 served with lunch

Vegetables will be any one of these listed- Green Beans, Veggie Medley, Peas, Zucchini, Broccoli, Carrots & Corn

October 1-5

Monday Chicken Teriyaki Bowl

Tuesday Cheese Quesadillas

Wednesday Chicken Parmesan Pasta

Thursday Pancakes & Sausage

Friday Pizza

October 8-12

Monday Pasta Marinara

Tuesday Grilled Ham & Cheese Sandwich

Wednesday Cheese Quesadillas

Thursday Orange Chicken

Friday Pizza

October 15-19

Monday Chicken BBQ Sandwich

Tuesday Pizza Dippers

Wednesday Roast Chicken & Potatoes

Thursday Mac & Cheese

Friday Pizza

October 22-26

Monday Chicken Tenders

Tuesday Grilled Cheese Sandwich

Wednesday Hot Dog

Thursday Burrito Bowl

Friday Pizza

October 29-November 2

Monday Mac & Cheese

Tuesday Cheese Quesadillas

Wednesday Chicken Mash Bowl

Thursday Pasta Marinara

Friday Pizza

November 5-9

Monday Chicken Tenders

Tuesday Chicken Penne Pasta Alfredo

Wednesday Grilled Cheese Sandwich

Thursday Mac & Cheese with Chicken

Friday Pizza

November 12-16

Monday Chicken Teriyaki Bowl

Tuesday Cheese Quesadillas

Wednesday Chicken Parmesan Pasta

Thursday Pancakes & Sausage

Friday Pizza

November 19-23

Monday Hot Dog

Tuesday Grilled Ham & Cheese Sandwich

Wednesday Chicken Tenders

Thursday CLOSED

Friday CLOSED

November 26-30

Monday Turkey & Provolone Sandwich

Tuesday Pasta Marinara

Wednesday Roast Chicken & Potatoes

Thursday Mac & Cheese

Friday Pizza